

# WOODHAVEN FARM

## Winter 2009 Issue

THE COOKING

CONNECTION

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*Welcome to a new year!*

Welcome to a new year! First, I want to thank all of you who have helped make Woodhaven Farm the success it is. We are currently in our 9<sup>th</sup> year and have been fortunate to have had strong consistent growth throughout our history. Those of you that know me know that when I am in the kitchen with family and friends, that is when I am truly happy. I invite you out to the Farm to cook with us, share some great food and some laughs. Here's to a new beginning...may the coming year grant you good health, true love and much happiness, and of course GREAT food.

“Approach Love and Cooking with Reckless Abandon”

Dalai Lama

Enough said.....Tami

Sunday, March 8<sup>th</sup>, 2:30...mark your calendar. Woodhaven Farm will be featured for the last cooking demonstration at the Dispatch Home and Garden Show at the fairgrounds. Come and see us and you know there will be some great food! Also, anyone want help with that event? Great parking and VIP passes!



### What's New?

With the gloom and doom that is in all of the press, I have some good news! If you want to come out to the Farm for an event, no worries. I'll work with you on a budget that you are happy with and promise a really wonderful time. Come and play...it will make you feel better.....pay it forward, I say!

### Help Wanted

I am looking for an outside sales person to help market Woodhaven Farm. It's just a part-time gig with very flexible hours. Let me know if you are interested.

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## What's on Television?

Our TV series on ONN is going strong. We just filmed our 3<sup>rd</sup> show and it was a blast! We made Mexican food, my personal favorite, and a few of our 'regulars' popped in for the shoot. Thanks to all my "peeps", Franko and to Tom, the snake oil salesman for your continued support...hey, can I get your autograph?

If you don't get ONN, you can go online to [www.onntv.com](http://www.onntv.com), click on 'entertainment' and then click on "Cooking with Chef Tami" to see the current video as well as some great recipes. Also, if you know of any company that would like to become a sponsor of "Cooking with Chef Tami", let me know. The perks are great!

### Cooking class Schedule---you know how it works....first come, first fed!

January	14 <sup>th</sup> and 15 <sup>th</sup>	Cajun and Creole Delights
February	18 <sup>th</sup> and 19 <sup>th</sup>	Soups, Stews and Chowders
March	18 <sup>th</sup> and 19 <sup>th</sup>	Early Spring Foods
April	15 <sup>th</sup> and 16 <sup>th</sup>	Fire up the Grill!

Go to the Website at [www.woodhavenfarm.com](http://www.woodhavenfarm.com) for reservation polices.

Here's t o a great year!  
Eat Well,

*Chef Tami*

