

Pineapple “Fries” with Raspberry “ketchup”

Ingredients:

1 medium large fresh pineapple
2 c. frozen raspberries
1-2 T. sugar
6 waffle cones

Procedure:

Remove crown and base of the pineapple and peel.
Slice into ½ inch pieces, lengthwise.
From an end piece, reserve 1/3 cup chopped pineapple.

Spray each side of the pineapple with Pam and place on a hot grill for about 3-4 minutes each side.

Cut into “Fries”.

Puree the thawed berries along with the sugar.

Strain.

Return to the blender with the reserved pineapple and puree.

To plate:

Divide the pineapple among the waffle cones and top with some of the “ketchup”.

Pass the remaining ketchup

How FUN!

Serves 6